

# 22/23 Breakfast K-8

March 2023

Mon	Tue	Wed	Thu	Fri
27 Apple Frudel Juice Variety (4 oz.) Fresh Fruit Fat Free Chocolate Milk 1% White Milk	28 Cheese Crisp Salsa Juice Variety (4 oz.) Fresh Oranges Fat Free Chocolate Milk 1% White Milk	1 Yogurt and Granola Grapes Juice Variety (4 oz.) Fat Free Chocolate Milk 1% White Milk	2 Chorizo Burrito Juice Variety (4 oz.) Fresh Fruit Fat Free Chocolate Milk 1% White Milk	3 French Toast Apple Slices Canned Fruit Variety Fat Free Chocolate Milk 1% White Milk
6 Cinnamon Raisin Bagel Fresh Fruit Canned Fruit Variety Fat Free Chocolate Milk 1% White Milk	7 Waffle Juice Variety (4 oz.) Whole Apple Fat Free Chocolate Milk 1% White Milk Syrup	8 Biscuits with Gravy Juice Variety (4 oz.) Sliced Pears Fat Free Chocolate Milk 1% White Milk	9 Chorizo Burrito Seasoned Hashbrown Patties Juice Variety (4 oz.) Mixed Fruit Fat Free Chocolate Milk 1% White Milk	10 Cinnamon Donut Juice Variety (4 oz.) Applesauce Fat Free Chocolate Milk 1% White Milk
13 Turkey Sausage Breakfast Pizza Juice Variety (4 oz.) Canned Fruit Variety Fat Free Chocolate Milk 1% White Milk	14 Ham, Egg and Cheese Combo Bar Juice Variety (4 oz.) Fresh Oranges Cereal Variety (1 WG) Fat Free Chocolate Milk 1% White Milk	15 Blueberry Muffin Applesauce Fresh Fruit Fat Free Chocolate Milk 1% White Milk	16 Sausage, Egg & Cheese Biscuit Whole Apple Juice Variety (4 oz.) Fat Free Chocolate Milk 1% White Milk	17 Pancake on Stick, Fresh Banana Sliced Pears Fat Free Chocolate Milk 1% White Milk
20 STRAWBERRY POPTART Whole Apple Canned Fruit Variety Fat Free Chocolate Milk 1% White Milk	21 Chilaquiles Juice Variety (4 oz.) Fresh Fruit Fat Free Chocolate Milk 1% White Milk	22 Assorted Muffins Fresh Fruit Canned Fruit Variety Fat Free Chocolate Milk 1% White Milk	23 Egg & Cheese Burrito Juice Variety (4 oz.) Fresh Oranges Fat Free Chocolate Milk 1% White Milk	24 Banana Muffin Fresh Fruit Canned Fruit Variety Fat Free Chocolate Milk 1% White Milk
27 Apple Frudel Juice Variety (4 oz.) Fresh Fruit Fat Free Chocolate Milk 1% White Milk	28 Cheese Crisp Salsa Juice Variety (4 oz.) Fresh Oranges Fat Free Chocolate Milk 1% White Milk	29 Yogurt and Granola Grapes Juice Variety (4 oz.) Fat Free Chocolate Milk 1% White Milk	30 Chorizo Burrito Juice Variety (4 oz.) Fresh Fruit Fat Free Chocolate Milk 1% White Milk	31 French Toast Apple Slices Canned Fruit Variety Fat Free Chocolate Milk 1% White Milk

MILK OFFERED DAILY  
1% WHITE AND FAT  
FREE CHOCOLATE

This institution is an equal opportunity provider.

ESTA INSTITUCION ES UN  
PROVEEDOR QUE OFRECE  
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OPORTUNIDADES

MENU SUBJECT TO  
CHANGE DUE TO THE  
AVAILABILITY OF  
PRODUCT

# 22/23 Lunch K-8

March 2023

Mon	Tue	Wed	Thu	Fri
<b>27</b> Chicken Sandwich Broccoli Carrot Sticks Apple Slices Fat Free Chocolate Milk 1% White Milk Ranch Dressing Ketchup Mustard Packet	<b>28</b> Cheese Stromboli Whole Kernel Corn Tropical Twist Juice Marinara Sauce Grapes Fat Free Chocolate Milk 1% White Milk	<b>1</b> Beef and Gravy  Cut Green Beans  Mashed Potatoes Grapes Apple Crisp WG Dinner Roll Fat Free Chocolate Milk 1% White Milk	<b>2</b> Pepperoni Pizza Romaine Lettuce Carrot Sticks Diced Peaches Peach Crisp Fat Free Chocolate Milk 1% White Milk	<b>3</b> Hot Dog on Bun Pork and Beans Chateau Veggies Sliced Pears Fat Free Chocolate Milk 1% White Milk
<b>6</b> Super Nachos Salsa Cucumber Slices Romaine Lettuce Mixed Fruit Fat Free Chocolate Milk 1% White Milk Ranch Dressing	<b>7</b> Beef Tacos Whole Kernel Corn Cucumber Slices Grapes Long Grain White Rice, 1/2 c. Fat Free Chocolate Milk 1% White Milk	<b>8</b> Chili w/ Beans Celery Sticks Salsa Grapes Cornbread Fat Free Chocolate Milk 1% White Milk	<b>9</b> Pozole Pinto Beans Carrot Sticks Diced Peaches Corn Chips Fat Free Chocolate Milk 1% White Milk	<b>10</b> Hamburger with Bun French Fries Green Peas Cantaloupe Fat Free Chocolate Milk 1% White Milk Ketchup Mustard Packet
<b>13</b> Bean & Cheese Burrito Carrot Sticks Salsa Fresh Fruit Fat Free Chocolate Milk 1% White Milk Ranch Dressing	<b>14</b> Spaghetti and Meatsauce Romaine Lettuce Diced Peaches WG Dinner Roll Fat Free Chocolate Milk 1% White Milk Ranch Dressing	<b>15</b> Bean Tostada Quesadilla Cucumber Slices Tropical Twist Juice Salsa Grapes Long Grain White Rice, 1/2 c. Fat Free Chocolate Milk 1% White Milk	<b>16</b> Red Chili Pork Pinto Beans Salsa Celery Sticks Tropical Twist Juice Cantaloupe Flour Tortilla Spanish Brown Rice, WG Fat Free Chocolate Milk 1% White Milk	<b>17</b> Grilled Ham & Cheese Sandwich French Fries Cut Green Beans Carrot Sticks Apple Slices Fat Free Chocolate Milk 1% White Milk Ranch Dressing

20

- Chicken Nuggets, K-3
- Broccoli
- Carrot Sticks
- Mixed Fruit
- WG Dinner Roll
- Fat Free Chocolate Milk
- 1% White Milk
- Ranch Dressing
- BBQ Sauce
- Ketchup

27

- Chicken Sandwich
- Broccoli
- Carrot Sticks
- Apple Slices
- Fat Free Chocolate Milk
- 1% White Milk
- Ranch Dressing
- Ketchup
- Mustard Packet

21

- Meatloaf
- Mashed Potatoes
- Cut Green Beans
- Grapes
- WG Dinner Roll
- Cookies
- Fat Free Chocolate Milk
- 1% White Milk
- Poultry Gravy

28

- Cheese Stromboli
- Whole Kernel Corn
- Tropical Twist Juice
- Marinara Sauce
- Grapes
- Fat Free Chocolate Milk
- 1% White Milk

22

- Southwest Mac & Cheese
- Broccoli
- Carrot Sticks
- Whole Apple
- WG Dinner Roll
- Peach Crisp
- Fat Free Chocolate Milk
- 1% White Milk
- Ranch Dressing

29

- Beef and Gravy
- Cut Green Beans
- Mashed Potatoes
- Grapes
- Apple Crisp
- WG Dinner Roll
- Fat Free Chocolate Milk
- 1% White Milk

23

- Turkey Gravy
- Carrot Sticks
- Cut Green Beans
- Mashed Potatoes
- Grapes
- WG Dinner Roll
- Fat Free Chocolate Milk
- 1% White Milk

30

- Pepperoni Pizza
- Romaine Lettuce
- Carrot Sticks
- Diced Peaches
- Peach Crisp
- Fat Free Chocolate Milk
- 1% White Milk

24

- Chicken Corn Dog
- Pork and Beans
- Romaine Lettuce
- Cantaloupe
- Fat Free Chocolate Milk
- 1% White Milk
- Ranch Dressing
- Ketchup
- Mustard Packet

31

- Hot Dog on Bun
- Pork and Beans
- Chateau Veggies
- Sliced Pears
- Fat Free Chocolate Milk
- 1% White Milk

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